

Sundown Breath

POWERED BY Reebok 

Frequently Asked Questions:

Who can register for this session?

Yogis, aged 18+, from all levels are welcome to register and take part in our Sundown Breath powered by Reebok session.

Can I buy a ticket on the day of the event?

No, the event registration will be closed on 23 November 2018 at 11:59pm or when sold out.

What is the exact location of the event?

The session will take place on the beach of Caesars Bluewaters Dubai.

<https://goo.gl/maps/B7DzrDUP76g>

Where should I park?

Caesars Bluewaters Dubai valet parking will be waiting for you at the entrance and they will park your car.

Please make sure you stamp your valet parking card at XYoga registration desk for a free service.

What are the timings of this session?

This is a 75 min session, starting at 4:30pm sharp until 5:45pm.

What time should I be there?

Since it is a sunset session, and we want to make sure you enjoy the views, we will start at 4:30pm sharp. It is advisable to be at the hotel at 4:00 pm to make your way down to the beach, register, and secure your mat. The earlier you come the better spot you get.

We will open registration at 3:30 pm and will close at 4:20 pm.

Who is leading the session?

The session is led by the experience local yogi, Melissa Ghattas, you can check her profile

<https://www.instagram.com/melissaghattasyoga/>

What type of yoga is it going to be?

Melissa will lead a 75 min Vinyasa Flow session.

What should I bring with me?

Reebok will provide the mats and Melt Water will be keeping you hydrated. Please make sure you come in your yoga outfit and keep in mind that you will be working out on a sand. Please consider the Dubai dress code.

Is the event going to be filmed?

Yes our filming crew will be filming and taking photos of the event. If you do not want to be on camera, it is advisable not to attend the session.